



## GREATER ESSEX COUNTY DISTRICT SCHOOL BOARD CONCUSSION CODE OF CONDUCT

### Maintaining a safe learning environment

- x I will bring issues related to the safety of equipment and facilities to the attention of the coach.
- x I will wear the protective equipment for my sport and wear it properly.

### Fair play and respect for all

- x I will show respect for my teammates, opponents, officials, spectators, and practice fair play.
- x I will not pressure injured teammates to participate in practices or games/competitions.

### Teaching/learning the rules of a physical activity, including the strict enforcement of consequences for prohibited play that is considered high -risk for causing concussions

- x I will learn and follow the rules of the sport and follow the coach's instructions prohibiting behaviours that are considered high-risk for causing concussions.
- x I will respect and accept that the coach will enforce the consequences for dangerous behaviour.
- x I will respect and accept the decisions of the officials and the consequences for any behaviours that are considered high-risk for causing concussion.

### Implementing the skills and strategies of an activity in a proper progression

- x I will follow my coach's instructions about the progression of skills and strategies of the sport.
- x I will ask questions and seek clarity for any skills and strategies of which I am unsure.

### Providing opportunities to discuss potential issues related to concussions

- x I will talk to my coach or caring adult if I have questions or issues about a suspected or diagnosed concussion or about my safety in general.

### Concussion recognition and reporting

- x I have read and am familiar with the approved [Concussion Awareness Resources](#) provided
- x I will remove myself immediately from any sport and will tell the coach or caring adult if I think I might have a concussion.
- x I will tell the coach or caring adult immediately when I think a teammate might have a concussion.
- x I understand that if I receive a jarring impact to the head, face, neck, or elsewhere on my body that is observed by or reported to the coach, that I will be removed immediately from the sport, and:
  - o I am aware that when I have signs or symptoms I should go to a medical doctor or nurse practitioner to be diagnosed as soon as reasonably possible that day, and will report the results to appropriate school staff.
  - o I am aware that not all signs and symptoms emerge immediately and there are times when signs and